

# Person Centered Planning Test

Name: \_\_\_\_\_

Score: \_\_\_\_\_ Pass / Fail

Date: \_\_\_\_\_

**Please answer the following questions after reading The Person Centered Planning Process Unit. If you need assistance ask the designated “Qualified Trainer”.**

1. Many individuals with disabilities may have lived in an \_\_\_\_\_  
(page 1)

2. \_\_\_\_\_ assures people with developmental disabilities and or mental illness the authority to make meaningful choices and control their own lives. (page 2)

3. List three guiding principles of Person Centered Planning:  
(page 3)

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4. List four things that should occur with the meeting/planning process:  
(page 3 & 4)

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5. The \_\_\_\_\_ is responsible for implementing the Individual Plan of Service.  
(page 4)

6. The Direct Support Professional’s role in the pre-planning process is to what?  
(page 5)

7. If an individual in the home cannot speak for him or herself, it’s important for the DSP to do what? (page 5)

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8. The Person Centered Planning Meeting belongs to the “person” who decides the following with the help of their support circle: (page 7)

1.

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2.

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3.

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4.

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5.

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9. The Person’s Support Plan will include the

\_\_\_\_\_

(page 7)

10. Your \_\_\_\_\_ has a direct effect on the evaluation process and without accurate \_\_\_\_\_ the adjustments may not be right for the individual’s progress and or safety. (page7)

**Instructions: Read each question carefully, and then read each answer option.**

**Choose the ONE BEST answer and circle it.**

11. “Person Centered Planning” means to have a set plan in place to help people solve their problems.

- A. True
- B. False

12. The person who receives services is the one who decides who will attend the

Person-centered Planning meeting.

- A. True
- B. False

13. If a Direct Support Professional is invited to attend a Person Centered Planning meeting, they should:

- A. Respect the person’s choices and give input when requested
- B. Focus on the person’s strengths and abilities
- C. Support the person’s dreams and desires for their future
- D. All of the above

14. The Individual Plan of Service and the Person- Centered Plan are the same document.
- A. True
  - B. False
15. "Self Determination" is a natural progression of Person Centered Planning.
- A. True
  - B. False
16. The Direct Support Professional's most important responsibility in the person- centered planning process is to take at least 30 minutes each day to implement the plan
- A. True
  - B. False
17. A Direct Support Professional must know where each person's record is kept, be familiar with the Individual Plan of Service for each person, and work as a team with the Home Manager and other Direct Support Professionals to provide necessary services and supports identified in each person's plan.
- A. True
  - B. False
18. The Pre-Planning process for Person Centered Planning is important because:
- A. It gives the Direct Support Professional the opportunity to gather information about the person's likes, dislikes, wants, needs, hopes, dreams, and desires.
  - B. It helps the person be more prepared for their Person Centered Planning meeting.
  - C. It takes care of all the problems the person has before the meeting.
  - D. A & B
  - E. All the above
19. The Direct Support Professional is an important part of the Person Centered Planning Process.
- A. True
  - B. False
20. Offering choices is one of the most important things you can do as a Direct Support Professional.
- A. True
  - B. False

**Thank You! Please turn this test in to your "Qualified Trainer"**